CONCEPTUAL APPROACH OF AN EDUCATIONAL EVALUATION SYSTEM FOR PATIENTS: PERCEPTION OF UTILITY BY PATIENTS AND CAREGIVERS

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Introduction: in the perspective of therapeutic education for patients with CF, the Cystic Fibrosis Reference Centre of Nantes participated in the validation of an educational evaluation system elaborated by a Laboratory of health education. The objective was to assess patients' learning in different types of competences.

Methods: The system was tested with 13 patients over the age of 16. Each patient did the evaluation system three times every three months. The system included: a knowledge questionnaire with certainty degrees, self-evaluation about strategies to solve a situation/problem, adaptation and anticipation for a new situation, and evaluation of different aspects of the activity. At the end of each evaluation, the patient and the caregiver would agree on the rating of each activity, then plotted the results on a star chart. A questionnaire was given out to the patients and the caregivers at the end of the study.

Results and Conclusion: After 144 evaluations, 48 patients and 7 caregivers completed the questionnaire. Results showed that 95.7% of patients enjoyed participating. The main benefits perceived by patients were involvement in evaluation and making decisions. For caregivers, the system was a good tool to track patient's learning and to provide feedback to patients. The system was found to be easy to use and to help caregivers and patients in making decisions.

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33rd European cystic fibrosis conference Valencia June 2010