CONCEPTUAL APPROACH OF AN EDUCATIONAL EVALUATION SYSTEM FOR PATIENTS: PERCEPTION OF UTILITY BY PATIENTS AND CAREGIVERS
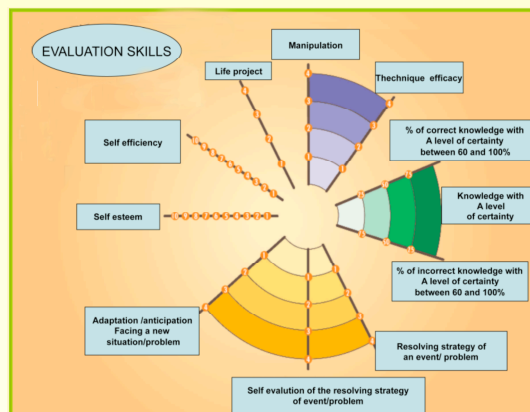
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Introduction: in the perspective of therapeutic education for patients with CF, the CFR centre of Nantes participated in the validation of an educational evaluation system elaborated by a Laboratory of health education. The objective was to assess patient's evolution in different types of competences.

Methods: The system was tested with 40 patients over the age of 16. Each patient did the evaluation system three times every three months. The system included: a knowledge questionnaire with certainty degrees, self-evaluation about strategies to solve a situation/problem, adaptation and anticipation for a new situation, self esteem, effectiveness about treatments, life plan, control of the gesture or the technique, effectiveness of one gesture or the technique. The patient and the caregiver would agree on the rating of each activity, then plotted the results on on a star chart. A questionnaire was given out to the patients and the caregivers at the end of the study

Results and Conclusion: After 144 evaluations, 48 patients and 7 caregivers completed a questionnaire.Results showed that 95.7% of patients enjoyed participating. The main benefits perceived by patients are: involvement in evaluation and resulting decisions, awareness of their knowledge and development of their skills, the questions based on them that generate the system. For, the caregivers, it not only allows them to structure activity evaluation, but also to better understand and make decisions about health care choices and the learning needs of the patient. The benefits perceived by patients and caregivers tend to show the advantages of such an educational evaluation systemespecially concerning the implications of shared decision making.