



# Chapitre Nutrition



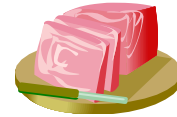
## Fiche n°3 : Entoure les aliments riches en sel



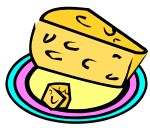
Pâté



Soda



Jambon



Fromage



Saucisson



Carottes



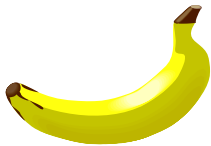
Crème glacée



Gâteaux apéritifs



Crevette



Banane



Chips



Lait



Eau riche en sel



Hamburger



Sel de table